



# Gourmet Factory

FINE SNACKS

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# CHEESE CROQUETTES



**Product Description:** Breaded cheese croquettes made with dough and stuffed with cheese.

**Box Size:** 12" x 12" x 8"

**Box Net Weight:** 9 Kg (~300 units)

**Storage:** Frozen

**Storage Life:** 9 months

**UPC-A:** 627987499322

**Cooking Instructions:** Deep fry at 350°F for 3 minutes or until golden brown. Serve with your choice of sauce.

**Sauce Suggestion:** Rose sauce



## Nutrition Facts Valeur nutritive

Per 3 (90 g)  
Par 3 (90 g)

**Calories 210** % Daily Value\*  
% valeur quotidienne\*

**Fat / Lipides 9 g** 12 %  
Saturated / saturés 4.5 g 25 %  
+ Trans / trans 0.5 g

**Carbohydrate / Glucides 21 g**  
Fibre / Fibres 1 g 4 %  
Sugars / Sucres 1 g 1 %

**Protein / Protéines 10 g**

**Cholesterol / Cholestérol 25 mg** 8 %

**Sodium 690 mg** 30 %

Potassium 50 mg 1 %

Calcium 175 mg 13 %

Iron / Fer 0.5 mg 3 %

\*5% or less is a little 15% or more is a lot

\*5% ou moins c'est peu 15% ou plus c'est beaucoup







## SMOKED SAUSAGE & CHEESE CROQUETTES

**Product Description:** Brated smoked sausage croquettes made with dough and stuffed with cheese.

**Box Size:** 12" x 12" x 8"

**Box Net Weight:** 9 Kg (~300 units)

**Storage:** Frozen

**Storage Life:** 9 months

**UPC-A:** 627987499346

**Cooking Instructions:** Deep fry at 350°F for 3 minutes or until golden brown. Serve with your choice of sauce.

**Sauce Suggestion:** Chipotle sauce



### Nutrition Facts Valeur nutritive

Per 3 (90 g)  
Par 3 (90 g)

**Calories 280** % Daily Value\*  
% valeur quotidienne\*

**Fat / Lipides 15 g** 20 %  
Saturated / saturés 6 g 35 %  
+ Trans / trans 1.0 g

**Carbohydrate / Glucides 24 g**  
Fibre / Fibres 3 g 11 %  
Sugars / Sucres 1 g 1 %

**Protein / Protéines 13 g**

**Cholesterol / Cholestérol 35 mg** 12 %

**Sodium 720 mg** 31 %

Potassium 200 mg 4 %

Calcium 175 mg 13 %

Iron / Fer 1.5 mg 8 %

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# CHICKEN CROQUETTES

**Product Description:** Breaded chicken croquettes made with dough and stuffed with chicken.

**Box Size:** 12" x 12" x 8"

**Box Net Weight:** 9 Kg (~300 units)

**Storage:** Frozen

**Storage Life:** 9 months

**UPC-A:** 627987499315

**Cooking Instructions:** Deep fry at 350°F for 3 minutes or until golden brown. Serve with your choice of sauce.

**Sauce Suggestion:** Rose sauce or ketchup



## Nutrition Facts Valeur nutritive

Per 3 (90 g) Par 3 (90 g)		
<b>Calories 190</b>	<b>% Daily Value*</b>	
	<b>% valeur quotidienne*</b>	
<b>Fat / Lipides 4.5 g</b>	6 %	
Saturated / saturés 0.5 g + Trans / trans 0.4 g	5 %	
<b>Carbohydrate / Glucides 28 g</b>		
Fibre / Fibres 2 g	7 %	
Sugars / Sucres 4 g	4 %	
<b>Protein / Protéines 11 g</b>		
<b>Cholesterol / Cholestérol 20 mg</b>	7 %	
<b>Sodium 570 mg</b>	25 %	
Potassium 250 mg	5 %	
Calcium 30 mg	2 %	
Iron / Fer 0.75 mg	4 %	

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# COD FISH CAKES

**Product Description:** Breaded cod fish cakes made with potato and fish dough.

**Box Size:** 12" x 12" x 8"

**Box Net Weight:** 9 Kg (~300 units)

**Storage:** Frozen

**Storage Life:** 9 months

**UPC-A:** 627987499339

**Cooking Instructions:** Deep fry at 350°F for 3 minutes or until golden brown. Serve with your choice of sauce.

**Sauce Suggestion:** Rose sauce



Nutrition Facts	
Valeur nutritive	
Per 3 (90 g)	
Par 3 (90 g)	
<b>Calories 200</b>	<b>% Daily Value*</b>
	<b>% valeur quotidienne*</b>
<b>Fat / Lipides 7 g</b>	9 %
Saturated / saturés 1.0 g	
+ Trans / trans 1.0 g	10 %
<b>Carbohydrate / Glucides 31 g</b>	
Fibre / Fibres 2 g	7 %
Sugars / Sucres 2 g	2 %
<b>Protein / Protéines 4 g</b>	
<b>Cholesterol / Cholestérol 0 mg</b>	0 %
<b>Sodium 690 mg</b>	30 %
Potassium 75 mg	2 %
Calcium 20 mg	2 %
Iron / Fer 0.75 mg	4 %
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# MINI CHURROS

**Product Description:** Churros made with sweet vanilla dough and stuffed with Dulce de Leche.

**Box Size:** 12" x 12" x 8"

**Box Net Weight:** 7.5 Kg (~300 units)

**Storage:** Frozen

**Storage Life:** 9 months

**UPC-A:** 627987499391

**Cooking Instructions:** Deep fry at 350°F for 3 minutes or until golden brown. Serve with your choice of sauce.

**Sauce Suggestion:** Ice cream or Dulce de Leche



Nutrition Facts	
Valeur nutritive	
Per 3 (78 g)	
Par 3 (78 g)	
<b>Calories 210</b>	<b>% Daily Value*</b>
	<b>% valeur quotidienne*</b>
<b>Fat / Lipides 2.5 g</b>	3 %
Saturated / saturés 0.5 g	
+ Trans / trans 0.3 g	4 %
<b>Carbohydrate / Glucides 33 g</b>	
Fibre / Fibres 3 g	11 %
Sugars / Sucres 6 g	6 %
<b>Protein / Protéines 4 g</b>	
<b>Cholesterol / Cholestérol 0 mg</b>	0 %
<b>Sodium 20 mg</b>	1 %
Potassium 175 mg	5 %
Calcium 20 mg	2 %
Iron / Fer 1.25 mg	7 %
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